

Our therapists will formulate a plan to help you reach your goal. This may involve regular physiotherapy and also consultation with other health professionals as required.

### Facilities

We have spacious layout of approx. 1300 sq. feet with five treatment cubicles and well-equipped gym.

### Location

Located within walking distance from Orchard MRT and the Bus Stop is in front of Royal Thai Embassy.

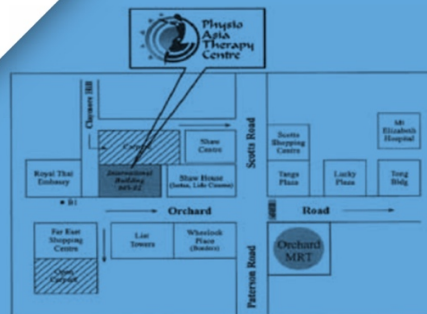
### Physio Asia Therapy Centre

360 Orchard Road, #05-02  
International Building  
Singapore 238869

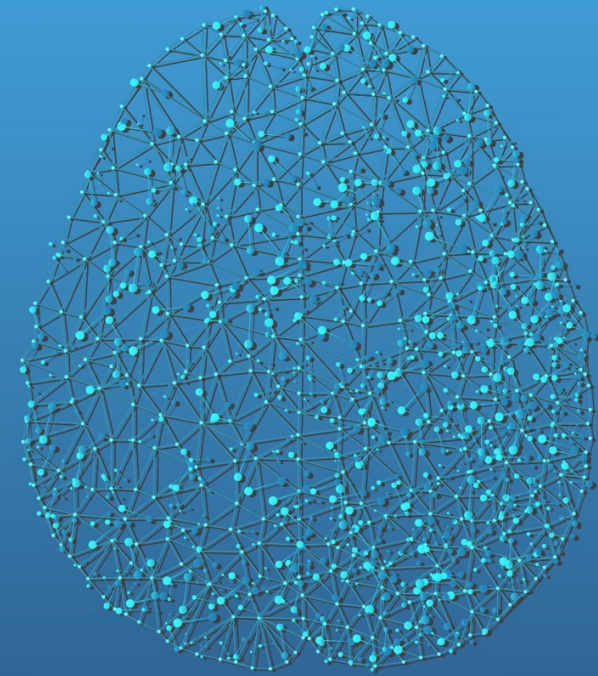
Tel : (65) 6736 4142  
Website : [www.physioasia.com](http://www.physioasia.com)  
Email " [info@physioasia.com](mailto:info@physioasia.com)

### SPECIALIST NEURO PHYSIOTHERAPIST OFFERS :

- ASSESSMENT
- TREATMENT
- REHABILITATION
- HOME VISITS
- OPTIMISING QUALITY OF LIFE



## SPECIALIST NEURO PHYSIOTHERAPIST



## PROVIDING SPECIALISED NEUROLOGICAL AND VESTIBULAR REHABILITATION

FOR ADULTS AND CHILDREN WITH  
A NEUROLOGICAL DIAGNOSIS



**Our neurological physiotherapists will offer a professional and caring environment to help the people recover and manage the impact of :**

- Stroke
- Vestibular Problems (Vertigo, balance issues caused by dizziness from inner ear dysfunction, diagnosis of BPPV, vestibular neuronitis, menieres disease, post head injury and stroke)
- Recovery from Neurosurgery
- Multiple Sclerosis
- Pheripheral Neuropathies
- Parkinson's Disease
- Traumatic Brain Injury
- Motor Neruron Disease
- Falls and uninsteadiness
- Cerebral Palsy
- Cerebellar Disorders (Ataxia)

**A neurological physiotherapist has an interest helping people with problems due to damaged nervous and/or sensory system**

**They assist people who have a problems with functional activities such as :**

- Moving on the bed
- Walking
- Standing up from a chair
- Balance in standing
- Using their arms and hands

## TREATMENT

**Neurological physiotherapy will include some of the following :**

- Facilitation of normal movement
- Vestubular Rehabilitation
- Balance assessment and treatment
- Strengthening Exercise
- Management of spasticity
- Home exercise programs
- Falls prevention education and exercise
- Splinting or orthotic advice
- Training for caregivers and family

## YOUR PHYSIOTHERAPIST

**Your physiotherapist will provide you with an individual assessment, giving you honest and objective information to develop your treatment plan. Individual goals will be set to increase your independence and comfort in daily life and help to minimise any disability.**

- Strength
- Coordination
- Tone
- Dizziness
- Sensation
- Movement Control
- Joint function and structure
- Specialised testing